

Commuter Choice Spotlight: Professor Aitana Guia

Learn more about Professor Aitana Guia and her favorite way to commute to campus: by bike!

P&TS: What is your current role at CSUF?

Professor Guia: Associate Professor in Modern European History, Department of History

P&TS: What is your current commute choice and why?

Professor Guia: I commute by bicycle because it makes me feel alive. I live in the faculty housing complex in Buena Park, so I cycle 7 miles each way. I get to listen to the sounds of the city, feel the changing seasons, and get some cardio exercise along the way. By the time I'm on campus, I'm ready to go. When it's time to go home, I use the 45-min ride to process the events of the day. When I reach home, I'm ready to switch into family mode. Commuting by bike could not be more fun.

P&TS: How long have you been using Active Transportation to get to campus?

Professor Guia: I've been using active transportation from day one. I was hired in August 2016, so it's been 5 years now.



Professor Guia commuting to campus by bicycle.

Professor Guia recently presented “Turning Freeways into Gardens: The Pedestrian Reconquista.” The presentation and additional information about her work is available at <https://mwpweb.eu/AitanaGuia/>.

